

TAMARA L. KAISER Ph.D. LICSW, LMFT

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tamarakaiser.com

EDUCATION:

9/87-6/92

Ph.D., Family Social Science

University of Minnesota

St. Paul, Minnesota

Dissertation: "Clinical Supervision of Marriage and Family Therapists: A Study of the Relationship Between Supervisor and Supervisee"

Advisor: Dr. William Doherty, Ph.D.

9/70-6/72

MS, Social Work

University of Wisconsin, Madison

Madison, Wisconsin

9/66-6/70

BA, Anthropology

University of Wisconsin, Madison

Madison, Wisconsin

WORK EXPERIENCE:

9/92-5/11

St. Catherine University/University of St. Thomas

School of Social Work

St. Paul, Minnesota

Associate Professor (now Professor Emerita)

Co-Founder and Co- Director, SCU/UST Supervision Institute

9/93-present

Private Practice

St. Paul, Minnesota

Clinical Social Worker, Marriage and Family Therapist

Practice includes individual, couple, family and group therapy, clinical supervision and consultation, training and

workshops. Areas of special interest include training in supervision and consultation, co-dependency, family of origin exploration, and blended families.

10/90-9/93

Family Therapy Institute
St. Paul, Minnesota

Clinical Social Worker, Marriage and Family Therapist

Practice same as above.

3/83- 10/90

Private Practice, Minneapolis, Minnesota

From 1/87- 10/90
Practice, same as above.

From 3/83-12/86 limited practice, including training and educational groups for professional and lay audiences.

Facilitator for Johnson Institute training sessions

Workshops specialize in issues pertaining to relationships between sisters and between mothers and sons.

10/89- 3/90

Mount Sinai Optifast Program
Minneapolis, Minnesota

Clinical Consultant to group therapists

7/74-9/87

Jewish Family and Children's Service, Minneapolis,
Minnesota

As clinical social worker, provided individual, couple, family and group psychotherapy. Groups included mixed adults, couples and women. Provided consultation to staff at Adath Jeshuran Nursery School, Wayzata, Minnesota. Provided clinical supervision to student interns. Areas of special interest include those listed above as well as evaluations for chemical dependency.

9/72-12/73

Dane County Department of Social Services
Madison, Wisconsin

As social case worker, provided services to unwed mothers and to children who are in the custody of the state. Consulted with adult foster home providers and placed adults in foster care.

PUBLICATIONS:

Kaiser, Tamara L. (2013). What are you waiting for?: Clinical therapist Tamara Kaiser asks why Buddhist communities have not adopted ethical standards long accepted by the rest of society. *Buddhadharma, The Practitioner's Quarterly*. Spring, 2013

Kaiser, Tamara L. (2009) *A User's Guide to Therapy: What to Expect and How You Can Benefit* Norton: New York

Kaiser, Tamara L. & Kuechler, Carol F. (2008). Training supervisors of practitioners: Analysis of efficacy. *The Clinical Supervisor* 27 (1) pp. 76-96.

Kaiser, Tamara L. (2005). Caught between cultures: Hmong parents in America's sibling society. *Hmong Studies Journal* , 2004-2005 (5) pp. 81-94.

Kaiser, Tamara L. (2004). Supervisory relationships. *Supervision as Collaboration in the Human Services: Building a Learning Culture*, M. Austin & K. Hopkins, Eds. Sage Publications: Thousand Oaks, CA .

Kaiser, Tamara L. (2003). Achieving shared meaning: Understanding a Hmong family's response to marital violence. *Journal of Ethnic and Cultural Diversity in Social Work* 12 (2) pp. 29-54.

Kaiser, Tamara L., Kuechler, Carol F., Barretta-Herman, Angeline. (2000). *Challenges in Cross Cultural Supervision* (a training videotape and instructor's manual) College of St. Catherine/University of St. Thomas Supervision Institute, St. Paul, Minnesota.

Kaiser, Tamara L. and Barretta-Herman, Angeline. (1999). The supervision institute: A model for supervisory training *The Clinical Supervisor* 18(1), pp. 33-46.

Graham, MariAnn., Kaiser, Tamara L., Garrett, Kendra. (1998). Naming the spiritual: The hidden dimension of help. *Social Thought: Journal of Religion in the Social Services* (18) 4 p.p.49-62.

Kaiser, Tamara L. (1997). *Supervisory Relationships: Exploring The Human Element* Brooks/Cole: Pacific Grove.

Kaiser, Tamara, L. (1992). "The Supervisory Relationship: An Identification of the Primary Elements in the Relationship and an application of Two Theories on Ethical Relationships." *Journal of Marital and Family Therapy* 18(3): 283-296.

Rosenblatt, P., Spoentgen, P., Karis, T., Dahl, C., Kaiser, T., Elde, C. 1991). "Difficulties in Supporting the Bereaved." *Omega*. 23(2): 119-128.

PROFESSIONAL SERVICE:COMMUNITY

Member, (Fellow) Minnesota Society for Clinical Social Work

Positions include president; secretary; board member; member and chair of education, NASW/MSCSW professional standards, and ethics committees; and representative to the BOSW Advisory Committee (instrumental in changing the language regarding requirements for reporting other practitioners, enabling professionals to feel safer discussing mistakes with supervisors and colleagues)

Member, Editorial Board *The Clinical Supervisor*

Member Clinical Social Work Standards Committee (representing both MSCSW and the School of Social Work and serving as expert on supervision)—instrumental in developing the standards adopted by DHS and for the Social Work Licensing Law, effective 8/1/11) (Committee is no longer active)

Member, DHS Task Force on Mental Health Professional Licensing Standards (representing both MSCSW and the School of Social Work)

Member and board member, Federation of Clinical Social Work

Member, Clinical Social Work Association (same as the Federation, with new structure and new name)

Member, Minnesota Association of Marriage and Family Therapy

Positions include: board member, chair of elections committee

Member, National Association of Social Workers

Member (former), Council of Social Work Education

Member (former) National Council on Family Relations

PROFESSIONAL SERVICE: SCHOOL OF SOCIAL WORK

Chair, Jan Andrews Schenk Memorial Scholarship Fund Committee

Co-Creator and Co-Director: Supervision Institute

Coordinator: MSSW Table

Developer and Coordinator: SSW Licensure Day

Leader of evaluation and monitoring of MSW Clinical Coursework Content for 2011 Licensure Law

Member, Admissions Committee

Member: HBSE Committee

Member and Chair: Practice and Policy Content Committees

Member and Chair, Promotion and Tenure Committee
Member, Search Committee

PROFESSIONAL SERVICE: UNIVERSITY OF ST. THOMAS

Member, Committee on Teaching Evaluation
Member, Educational Policy and Planning Committee
Member, Faculty Affairs Committee
Member, Faculty Development Committee
Member, Institutional Review Board
Member, Internationalization Five-Year Plan Committee
Member, University Grievance Committee
Member, University Senate